

# ABC HOCKEY

## Adult Beginning Clinic

Messa Rink at Achilles Center

## Union College

Hockey instruction for adult beginning & intermediate-level hockey players

Instructors David Coelho & Adam Brinker will focus on:

*Skating: power and agility*

*Individual skills: stick handling, passing, shooting, Tactical and game strategy ,*

*Off-ice chalk-talk sessions prior to each on-ice session*

*Certain nights dedicated as "Game Nights"*

Wednesday Nights at 8:30-10:00p

August 16-October 18, 2006

**\$125/player** (\$12.50/ice time for 10 ice times)

**\$115/player** (\$11.50/ice time for 10 ice times)

*if payment is received before **August 1, 2006***

Contact Adam Brinker with questions at 388-8365 or [brinkera@union.edu](mailto:brinkera@union.edu)

-----Detach and return-----

Name \_\_\_\_\_ E-mail \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ ST \_\_\_\_\_ ZIP \_\_\_\_\_

Phone(\_\_\_\_\_) \_\_\_\_\_ Phone (\_\_\_\_\_) \_\_\_\_\_

Current/Most recent Team (If any) \_\_\_\_\_ Years experience \_\_\_\_\_ Age \_\_\_\_\_ Pos. For Def Goal  
(Circle one)

Are you a repeat participant of **ABC Hockey**? Yes \_\_\_\_\_ No \_\_\_\_\_

**Return with Check or Money Order to:  
Union College, Achilles Center, Schenectady, NY 12308**